



## Australian Camp Connect Association Inc.

[www.campconnect.org.au](http://www.campconnect.org.au)

*Ensuring Contact Time is Quality Time*

### March 2005 Newsletter

ACCA is Proudly Supported by...



Contents in this issue

- \* Presidents Message
- \* Upcoming Dads & Kids Weekend Camp
- \* Intensive Practice Workshop: Working With Separated Fathers
- \* "Life After Separation" Workshop
- \* The City Of Casey – Innovative
- \* Fatherhood CD
- \* Community Calendar – Manhood 2005 Redefining The Roles
- \* Resources For Dads - New Maps for Brokenhearted Men
- \* Illisys Internet Hosting Camp Connect Website

### Presidents Message.

Dear Supporter

It is hard to believe that it is almost half way through March already.

We are having a much better start to this year when compared with 2004. We have already successfully held the "Life After Separation" workshop day and the Dads & Kids Weekend Camp will go ahead as planned. See below for full details.

I need to apologise for omitting some people who should have been mentioned in the December 2004 Newsletter. Firstly, Kaye Fallick, the author of the book "Get A New Life" and radio personality on 3AW. Kaye has provided some great exposure to Camp Connect through her including a passage about myself and the organisation in her book. She publicises our programs when the opportunity arises and played a big part in us receiving some much-needed funding last year. She is also running a workshop for us at the March Dads & Kids Weekend Camp. Thank you Kaye.

I would also like to thank Gary McDonald for donating his time and expertise to audit the organisations finances for the last financial year. Thanks Gary.

The word about Camp Connect is getting spread further in the wider community. A huge thanks to all the individuals and organisations that have referred clients on to us. It really is appreciated. I have had some recent meetings with a couple of new supporters of the association resulting in some very exciting ventures that we are going to embark on. More will be revealed over the months to come.

Brad Mander

President, Australian Camp Connect Association.

## Upcoming Dads & Kids Weekend Camp

### Dads & Kids Weekend Camp March 18 – 20, 2005

Venue: The Log Cabin Christian Camp, Creswick. Victoria.

This weekend program compliments the Dads Workshop Day.

A fun filled weekend where you spending quality time with your children is our priority. Spend a weekend relaxing, socialising, learning and connecting with your kids. The weekend will be full of fun, adventure and challenges and learning but most importantly you will share some amazing times together as your relationship with your children steps up a level or two. This is an opportunity to spend some quality time with your children away from everyday pressures of life You will be able to build intimacy and walk away with practical skills to enhance your family life.

The weekend will consist of workshops, fun activities, plenty of free time and ample opportunity for both the dads & kids to make new friends or if you have attended a previous camp, to catch up with old ones. A great way to create memories that you and your children will treasure for a lifetime.

If you are unable to join us for the full weekend or do not have the kids overnight then come and spend the Saturday and or the Sunday with us participating in all the day time activities with us.

#### Program Costs

\$110.00 / Dad ONLY attending the Dads & Kids Full Weekend Camp.

\$35.00 / Dads ONLY attending EITHER of the Day Programs

\$72.00 / Child [under 15 yrs age] attending the Dads & Kids Full Weekend Camp.

\$25.00 / Child [under 15 yrs age] attending EITHER of the Day Programs facilities.

- The costs of the weekend program include 2 nights accommodation, all meals, workshops, handouts & activities.
- The cost of the Dads & Kids Day Programs includes lunch, morning and afternoon teas, all workshops & activities.
- If you are in need of some financial support to assist either yourself or your kids attending any of these programs please contact us. We do have limited funding available to assist both Dads & Kids who are experiencing financial hardship.

The cost of the Dads Workshop Day includes all workshops, lunch, morning and afternoon tea and use of facilities. The cost of the weekend camp includes two nights accommodation, all meals, workshops, handouts & activities.

If you are in need of some financial support to assist either yourself or your kids attending any of these programs please contact us. We do have limited funding available to assist both Dads & Kids who are experiencing financial hardship.

**Registrations Close: Friday March 11, 2005 but will be accepted up to Tuesday 15 March provided that full registration fees accompany registration.**

To register go to [http://www.campconnect.org.au/feb\\_march\\_2005.shtml](http://www.campconnect.org.au/feb_march_2005.shtml) .

## Intensive Practice Workshop: Working With Separated Fathers

I have just returned from having attended a two-day intensive practice workshop on working with separated fathers that was run by Burnside Uniting Care in North Parramatta. NSW.

The main areas covered were the principles and practice of working with separated fathers and the development of leading edge knowledge and practice skills for working with separated fathers.

There were about 40 participants over the two-day period coming from as far away as Darwin, Qld, Hobart and Whyalla in South Australia. There was certainly a lot of positive energy to be felt around what was being done with separated dads. We have new resources as a result of attending the training, which we will start implementing at our programs.

There was quite a bit of interest amongst those who attended about Camp Connect and what we do. A common statement made by our interstate workers was "it is a shame that we don't have something like that here."

### "Life After Separation" Workshop

We had 9 dads register into this workshop day with 8 dads turning up on the day. With Andrew Hacker and Russell Cunningham running the workshops there was a lot to be taken away from the day. All participants responded that their expectations of the day had been met.

## The City Of Casey - Innovative

We congratulate the City of Casey in the southeastern suburbs of Melbourne in being the first local government in Australia to create the position of Men's Programs Officer and look forward to working further with Rob Koch who now holds that position. Already they have a great men's parenting program running called Pit Stop. It is an eight-session 'parenting tune-up' for dads who like firing on all cylinders.

For further details go to our website or Rob can be contacted on [03] 5990 8333 or emailed at [rkoch@casey.vic.gov.au](mailto:rkoch@casey.vic.gov.au).

## Fatherhood CD

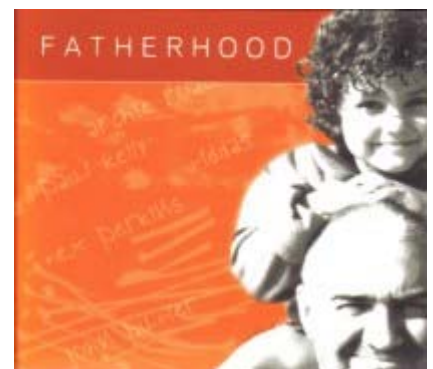
We have purchased a supply of the locally produced CD titled Fatherhood. It contains a mixture of songs by celebrated Australian songwriters as well as unknown talent.

*"Totally glorious, strikingly different, these songs tap into a vein of male creativity that has long been hidden. Each artist leaves you wanting more, and feeling that the music you've been hearing on the radio is just so much McDonaldized pop. The spoken word segments are so evocative they send you into deep reflection, and with an urge to change your life starting this very second. This is the purpose that music was made for."*

Steve Biddulph – Author of Raising Boys

For further details about the CD or to order a copy go to our website <http://www.campconnect.org.au/>

Part of the proceeds of every CD sold goes to support Camp Connect.



## Community Calendar – Manhood 2005 Redefining The Roles



P O B o x 1 6 3 3  
Coorparoo QLD 4151  
A U S T R A L I A  
Tel +61 7 3009 0436

email: [manhood@menshealthandwellbeing.org.au](mailto:manhood@menshealthandwellbeing.org.au)  
web: [www.menshealthandwellbeing.org.au](http://www.menshealthandwellbeing.org.au)

An Initiative of Men's Health and WellBeing Association (Queensland) Inc

October 2005 will see the Men's Health and Wellbeing Association (Queensland) Inc. embark on an exciting new project called Manhood 2005. The centrepiece will be a conference with the aim of bringing together organizations and individuals who are involved in grassroots men's work with government departments, agencies and private sector men's health providers. The conference will provide an opportunity to see and hear keynote speakers and presenters showcasing current programs, initiatives, research and trends associated with the health and wellbeing of men and boys. The title 'Redefining the Roles' has been chosen so that the relevance and importance of what contemporary masculinity means can be reviewed, openly debated, highlighted and celebrated. The conference will be a family-friendly event, held from October 20 – 23, 2005 at Novotel Twin Waters Resort on the Sunshine Coast.

For further details visit our community calendar at [www.campconnect.org.au](http://www.campconnect.org.au)

## Resources for Dads

New Maps for Brokenhearted Men by Glen Wand

How to Understand and Heal After the End of a Relationship (A Self-Help Guide)

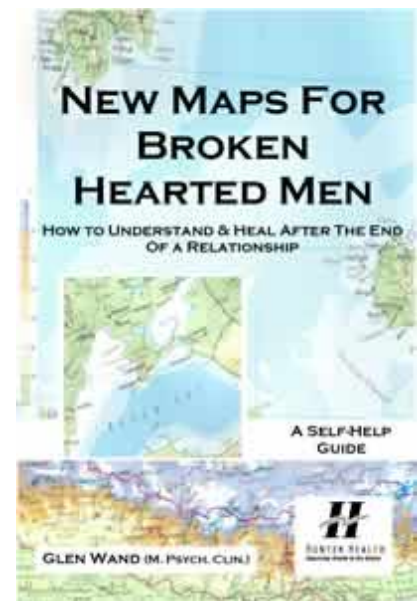
Published by John Hunter Hospital, 2003

Download the PDF version [3.31MB,108 pages]

[http://www.hunter.health.nsw.gov.au/docs/NMFBHM\\_web.pdf](http://www.hunter.health.nsw.gov.au/docs/NMFBHM_web.pdf)

The title of this book is addressed to men and I have written it to men, for men and always with men in mind. Many men have consulted me regarding their grief, hurt and turmoil associated with their broken hearts. They said things to me that made a lasting impression. Here are just two examples. 'I feel like I'm bleeding inside.' 'The gut-rot really gets to me.'

I met so many men who talked about these feelings and their pain and confusion that I decided to write this book. Although at times there is some self-conscious humour in these pages, my underlying purpose is serious. Through this book I am trying to help you heal.  
... Glen Wand, Clinical Psychologist and Author



Glenn can be contacted at the Eastlakes Community Health Centre  
Telephone: 02 4944 5300 or  
emailed at

[glen.wand@hunter.health.nsw.gov.au](mailto:glen.wand@hunter.health.nsw.gov.au)

## Ilisys Internet Hosting Camp Connect Website

Ilisys Internet, a Perth based ISP have now taken over the hosting of our website. We thank them for their generous support. I would also again like to thank Rob Inie of Collaborative Computing for all that he has done over the last 14 months for ACCA in helping get our website out to the world. Thanks Rob.